# COMMON NERVE INJURIES UNDER ANESTHESIA

## **ULNAR**

Ulnar nerve is the most frequently injured nerve after anesthesia.

It is injured when the arm is malpositioned with the elbow at the side of the table.

## **BRACHIAL PLEXUS**

Shoulder braces

Avoid abducting arms more than 90 degrees

Place an axillary roll when the patient is lateral

## **COMMON PERONEAL**

The common peroneal nerve is a branch off of the sciatic nerve and supplies the lower leg.

Most injured nerve in the lower extremity when the patient is in the lateral position.

Nerve compression between the operating table and the fibular head

Pad between the legs to prevent injury in the lateral position

Leads to foot drop, loss of dorsal extension of toes, and unable to evert foot

## **ORTHOPEDIC FRACTURE TABLE**

Pressure from the middle pole can cause extreme pressure on the genitalia

#### **BEACH CHAIR**

Prevents injury to the sciatic nerve

Prop the feet 90 degrees against a padded board to prevent common peroneal injury

#### **LITHOTOMY**

There are **five nerves** that can be injured:

- Sciatic
- Common peroneal (Most common)
- o Femoral
- Saphenous (medially placed strap resulting in medial calf numbness)
- Obturator

## **COMPARTMENT SYNDROME**

**Example: lithotomy position** with **hypotension and hypoperfusion** (low-flow state) and SCDs/TED hoses

Compartment syndrome can cause damage to neural and vascular structures from swelling of tissues within a muscular compartment, especially those of the leg. If perfusion to an extremity is inadequate, a compartment syndrome may develop.

Compartment syndrome is **characterized by ischemia**, **hypoxic edema**, **elevated tissue pressure within fascial compartments**, and **extensive rhabdomyolysis**.

Fasciotomy is treatment

#### **MASK VENTILATION**

Cranial nerves VII and V can be damaged